Vision Montessori

January 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges All lunches served with age appropriate milk.	THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider - All lunches conform to ½ oz whole grain requirements.	New Year's Day Holiday	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Fresh Tossed Mixed Salad ¼ c w/ Ranch Dressing Veggie: Italian Ball Sub Fresh or Chilled Fruit	House Made Creamy Chicken Penne Alfredo ½ c Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit
6	7	8	9	10
Kid Fav Whole Grain Creamy Mac n' Cheese ½ c Two Way Mixed Diced Carrots & Peas Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Teriyaki Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Teriyaki Chik Strips Fresh or Chilled Fruit	Whole Grain Breaded Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Italian Whole Grain Cavatappi Pasta w/ Vegetarian Meatless Sauce ½ c Fresh Green Beans ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Whole Grain Chicken & Cheese Quesadilla 1 ea Two Way Mixed Diced Carrots & Corn Vegetables ¼ c Veggie: Cheese Quesadilla Fresh or Chilled Fruit
13	14	15	16	17
Whole Grain Breaded Chicken Tenders 3 ea Hot Green Beans ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	“Breakfast For Lunch” Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Chicken Fajita Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese Sweet Yellow Corn ¼ c Veggie: Refried Beans & Rice Fruit or Chilled Fruit	Garlic Butter Sauce Rainbow Tortellini Pasta Blend Topped w/ Parmesan Cheese ½ c Hot Diced Carrots ¼ c Veggie: Cheese Pasta Fresh or Chilled Fruit	Southern Mini Whole Grain Turkey Corn Dog Nuggets 4 ea Hot Cooked Broccoli ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit
20	21	22	23	24
House Made Creamy Chicken Penne Alfredo ½ c Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	Fresh Grilled Beef Hamburger Patty on Whole Grain Bun 1 ea Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Morningstar Garden Burger; Fresh or Chilled Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c Two Way Mixed Diced Carrots & Peas Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Tossed Mixed Salad ¼ c w/ Ranch; Veggie: Veggie Balls w/ Potatoes Fresh or Chilled Fruit	BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce Hot Green Beans ¼ c Veggie: BYO Pizza Fresh or Chilled Fruit
27	28	29	30	31
Korean BBQ Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Sweet Yellow Corn ¼ c Veggie: Veggie Korean BBQ Chik Strips; Fresh Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Mozzarella Cheese; California Blend Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Breaded Chicken Patty Whole Grain Bun 1 ea Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Morningstar Garden Burger; Fresh or Chilled Fruit	“Breakfast For Lunch” Buttermilk Waffles 2 ea w/ Syrup Turkey Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Hawaiian Turkey Meatballs 3 ea over Whole Grain Rice ¼ c Tossed Mixed Salad ¼ c w/ Ranch; Veggie: Veggie Balls w/ Rice Fresh or Chilled Fruit